Fort Worth Midwifery FortWorthMidwifery.com | (817) 404-7098 | Ashley@FortWorthMidwifery.com

Lending Library

Pregnancy

| Pregnancy, Childbirth, and the Newborn (4th Edition): The Complete Guide | Penny Simkin, April Bolding, Ann Keppler |
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| The Simple Guide to Having a Baby | Janet Whalley, Penny Simkin, Ann Keppler |
| The Naturally Healthy Pregnancy | Shonda Parker |

Medications

| The Vaccine Book: Making the Right Decision for Your Child | Robert W. Sears |
|--|-------------------------------------|
| The Complete Guide to Medications During Pregnancy and | Carl P. Weiner, M.D., and Kate Rope |
| Breastfeeding | Dana Lillinger, M.D.L. |
| Homeopathic Medicine for Children and Infants | Dana Ullman, M.P.H. |
| Herbal Remedies | Anne McIntyre |
| The Ultimate Guide to Herbs | Jenny Linford |
| Mommy Diagnostics | Shonda Parker |
| Homeopathy for Pregnancy, Birth and Your Baby's First Year | Miranda Castro |
| Homeopathy for the Modern Pregnant Woman and Her Infant | Sandra J. Perko, PhD, CCN |
| The Complete Woman's Herbal | McIntyre |

Massage

| Mother Massage: A Handbook for Relieving the Discomforts of Pregnancy Elaine Stillerman | an, LMT |
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Birth

| Natural Childbirth the Bradley Way | Susan McCutcheon |
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| Birthing From Within | Pam England CNM, MA & Rob Horowitz PHD |
| HypnoBirthing | Marie F. Momgan, M.Ed., M.Hy. |
| Mindful Birthing | Nancy Brdacke, CNM |
| Christ Centered Childbirth | Kelly J Townsend |
| The Birth Book | William Sears, M.D., and Martha Sears, R.N. |
| Supernatural Childbirth | Jackie Mize |
| Childbirth Without Fear | Grantly Dick-Read |
| The Thinking Woman's Guide to Childbirth | Henci Goer |
| Ina May's Guide to Childbirth | Ina May Gaskin |

Books For The Father / Partner

| The New Father: A Dad's Guide to the First Years | Armin A. Brott |
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| The Expectant Father: Facts, Tips, and Advice for Dads-to-Be | Armin A. Brott and Jennifer Ash |
| Your Pregnancy for the Father-to-Be | Glade B. Curtis, M.D., M.P.H. and Judith Schuler, M.S. |
| The Birth Partner | Penny Simkin |

Lending Library Cont.

Baby

| The Baby Book | William Sears, M.D., and Martha Sears, R.N. |
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| The Happiest Baby on the Block | Harvey Karp, M.D. |
| Nighttime Parenting: How to Get Your Baby and Child to Sleep | William Sears, M.D. |
| Secrets of the Baby Whisperer | Tracy Hogg, Melinda Blau |
| Baby Signs | Acredolo, Goodwyn |
| The Baby Sleep Book | William Sears M.D. |
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Breastfeeding

| The Womanly Art of Breastfeeding | La Leche League International |
|--|-------------------------------|
| The Breastfeeding Book: Everything You Need to Know About Nursing Your Child from Birth Through Weaning | William Sears M.D. |
| The Ultimate Breastfeeding Book of Answers | Newman and Pitman |
| Ina May's Guide to Breastfeeding | Ina May Gaskin |
| The Nursing Mother's Companion | Kathleen Huggins, R.N., M.S. |
| Breastfeeding: How to Breastfeed Your Baby | Mary Renfrew |

Nutrition

| Real Food for Pregnancy | Lily Nichols |
|---------------------------|---------------------|
| The Family Nutrition Book | William Sears, M.D. |

Children

| The No Cry Sleep Solution for Toddlers and Preschoolers | Elizabeth Pantley |
|---|---------------------|
| The Autism Book | William Sears, M.D. |
| The Discipline Book | William Sears, M.D. |

Children's Books

| Baby on the Way (Sears Children Library) | Martha Sears, William Sears, Christie Wa |
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Fertility

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Movies

| The Business of Being Born | Ricki Lake, Abby Epstein |
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| The Miracle of Life | Nova |